

2023-2024 COVID Protocols

Same Protocols Used in Spring 2023

COVID Protocols and Procedures

Dear Families and Guardians,

The start of school this year will be different from the last three years when we were navigating COVID-19. Free COVID-19 test kits will be available for students, staff and families but we will not require any kind of COVID-19 testing results prior to the start of school.

We will continue to work with our [County Office of Education](#) and the [California Department of Public Health](#) following any changing recommendations. Highlights from the COVID-19 Safe Schools Framework can be [found here](#) or by clicking the photo below.

Parents and staff should continue to use the [Airkit app](#) to report COVID-19 cases. See the link below for reporting information. Elementary sites will send a communication home to families if there is a positive case in your child's classroom. Crocker will not send home individual messaging as this is not manageable with students moving from class to class throughout the day.

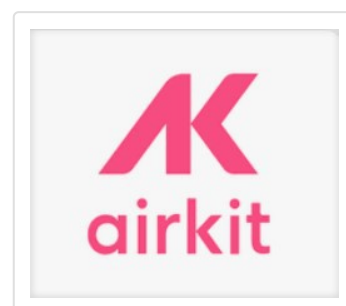
Thank you and please feel free to reach out to me with any questions.

[Louann](#)

San Mateo County Coalition for Safe Schools and Communities

COVID-19 Safe Schools Framework

Parents AND Staff: Reporting Positive Cases - Use the HCSD COVID Reporting App



Parents should continue to use this [HCSD COVID Reporting App](#) to report that their child has tested positive for COVID-19, The app should also be used by staff to report if they have a positive test.

The app, which does not require a download and can be found on the HCSD mobile app, will ask you for the needed information about the situation, and then provide you with your child's protocol which you can save or print for your records.

After reporting a Case in the app, further questions can be emailed to HCSD School Nurse, Alexa Wilmarth at: awilmarth@hcsdk8.org.

When Students or Staff Have COVID-19 Symptoms

The CDPH recommends that those with symptoms of COVID-19 take the following steps, regardless of their vaccination status:

- Self-isolate and take or be administered an antigen test as soon as possible to determine infection status.
- Remain in isolation while waiting for testing results. If not tested, they should continue isolating for 10 days after the day of symptom onset, and if they cannot isolate, should wear a well-fitting mask for 10 days.
- Consider continuing self-isolation and retesting with an antigen test in 1-2 days if testing negative, particularly if tested during the first 1-2 days of symptoms. Testing between days 3-5 is advised.
- Continue to self-isolate if test result is positive, follow recommended actions for isolation and contact healthcare provider about available treatments if symptoms are severe or they are at high risk for serious disease or if they have any questions concerning their care.

COMMON SYMPTOMS OF COVID-19 (CDPH)

- | | | |
|---|------------------------------|------------------------|
| • Headache | • New loss of taste or smell | • Fatigue (tiredness) |
| • Fever or chills | • Sore throat | • Diarrhea |
| • Cough | • Congestion or runny nose | • Muscle or body aches |
| • Shortness of breath or difficulty breathing | • Nausea or vomiting | |

When Students and Staff Are Diagnosed with COVID-19

Everyone who is infected with COVID-19, regardless of vaccination status, previous infection, or lack of symptoms, should follow the recommendations listed in the [CDPH Guidance Isolation and Quarantine for the general public](#).

Isolation Table

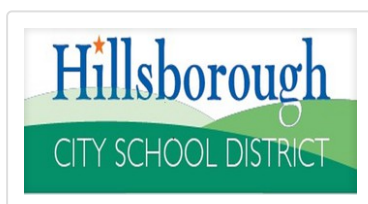
Vaccination Status	Requirements for Staff/ Recommendations for Students
Everyone, regardless of vaccination status, previous infection, or lack of symptoms.	<ul style="list-style-type: none">• Stay home for at least 5 days after start of symptoms (or after date of first positive test if no symptoms).• Isolation can end after day 5 if symptoms are not present or are mild and improving and individual is fever-free for 24 hours (without the use of fever-reducing medication)• If fever is present, isolation should be continued until 24 hours after fever resolves.• If symptoms, other than fever, are not improving, continue to isolate until symptoms are improving or until after Day 10.• If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments.• Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.*• *After ending isolation (no fever without the use of fever-reducing medications and symptoms are improving), confirmed cases may remove their mask sooner than Day 10 if they have two sequential negative tests at least one day apart. If antigen test results are positive, the person may still be infectious and should continue wearing a mask and wait at least one day before taking another test.• After ending isolation, if symptoms recur or worsen, get tested again and if positive, restart isolation at Day 0.

When Students and Staff Are Exposed to COVID-19

Prompt notification to students and families regarding exposure to infectious diseases, including COVID-19, can allow for rapid testing, early treatment, and prevention of further spread.

CDPH recommends the following when there is a case of COVID-19 on campus:

- Families notify school if their child has COVID-19 and was on school grounds during their infectious period.
- Schools should notify students who spent more than a cumulative total of 15 minutes (within a 24-hour time period) in a shared indoor airspace (e.g., classroom) with someone with COVID-19 during their infectious period.
- In lieu of individual exposure notifications, schools should consider providing a general notification to the entire school community during times of elevated community transmission of COVID-19. This communication can alert all to the increased potential of being exposed to COVID-19 due to a rise in cases among school and community members and remind all to monitor for symptoms and get tested.
- All students and staff with known exposure to persons with COVID-19 should follow [CDPH recommendations](#) listed in the table below.
- Exposed students may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities, unless they develop symptoms or test positive for COVID-19. They should test, report positive test results to the school, and follow other components of this guidance.
- Remind parents and guardians to keep children home if they are showing signs and symptoms of COVID-19 and get them tested. If negative, retest between days 3-5.
- Employers should ensure that workers are aware of and understand these policies.
- Staff who have been exposed can continue to stay at school; they do not have to quarantine but they do have to comply with testing requirements.
- Per [CalOSHA](#), notify employees of COVID-19 cases in the workplace.




Hillsborough City School District

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